



SPORT-SPECIFIC CONDITIONING CONSULTANTS

'Sport-Specific Conditioning is our Focus, Performance is our Goal'

| PERFORMANCE ERNÄHRUNG | SPORTLICHKEIT TRAINING | PERFORMANCE PSYCHOLOGIE | ATHLETEN ENTWICKLUNG | MANAGEMENT & BERATUNGEN |

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18. December 2012

Performance Training Systems Inc. Communication

Performance Training Systems Inc. Director accepts invitation as Expert Consultant for the 2013 Swiss Young Researchers Competition.

Performance Training Systems Inc. (PTS) is happy and proud to announce that Director Eric MacLean has accepted an invitation from the Swiss Young Researcher Competition to function as an „Expert Consultant“ in the 2013 competition.

The Swiss Young Researcher Competition is for young (Secondary School) students, with the aim of promoting academic and success in research. The Competition is structured within 2 round framework; a Workshop in Bern, and a National competition in Luzern. Students whose work is of selection quality advance from the Workshop round into the National competition, where there is then the possibility of competing in an International Young Researcher competition.

Mr. MacLean's roll as an Expert Consultant begins in the 1st round on 12 January 2013 in Bern and includes supporting the work "The effect of EnergyGels and Grape Sugar (Glucose) on Physical Performance". Mr. MacLean is responsible for consulting with the study's author and providing guidance and assistance in the presentation of her research project, including statistics, motivation, and competence.

Mr. MacLean is happy to accept this invitation, and is looking forward to supporting a young researcher in this capacity.

If you would like to learn more about PTS, or Eric MacLean's roll in the Swiss Young Researchers competition, please contact us at info@performancetrainingsystems.net or eric@performancetrainingsystems.net.

Wishing you the best in training

PTS is a personal and innovative Sport and Athletic Conditioning Consulting firm registered in, ON, Canada. Our goal is to provide our clients with evidence based training and sport performance services. PTS supports and promotes the True Sport Movement and believes in ethical and fair play in sport. If you would like more information about PTS please view our website at www.performancetrainingsystems.net.

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